



FTLT

Focus Team Leadership Training

Africa Research Support Visit - Malawi

“Where Support Meets Success”



MOTE TRAVEL

My Own Travel Experience



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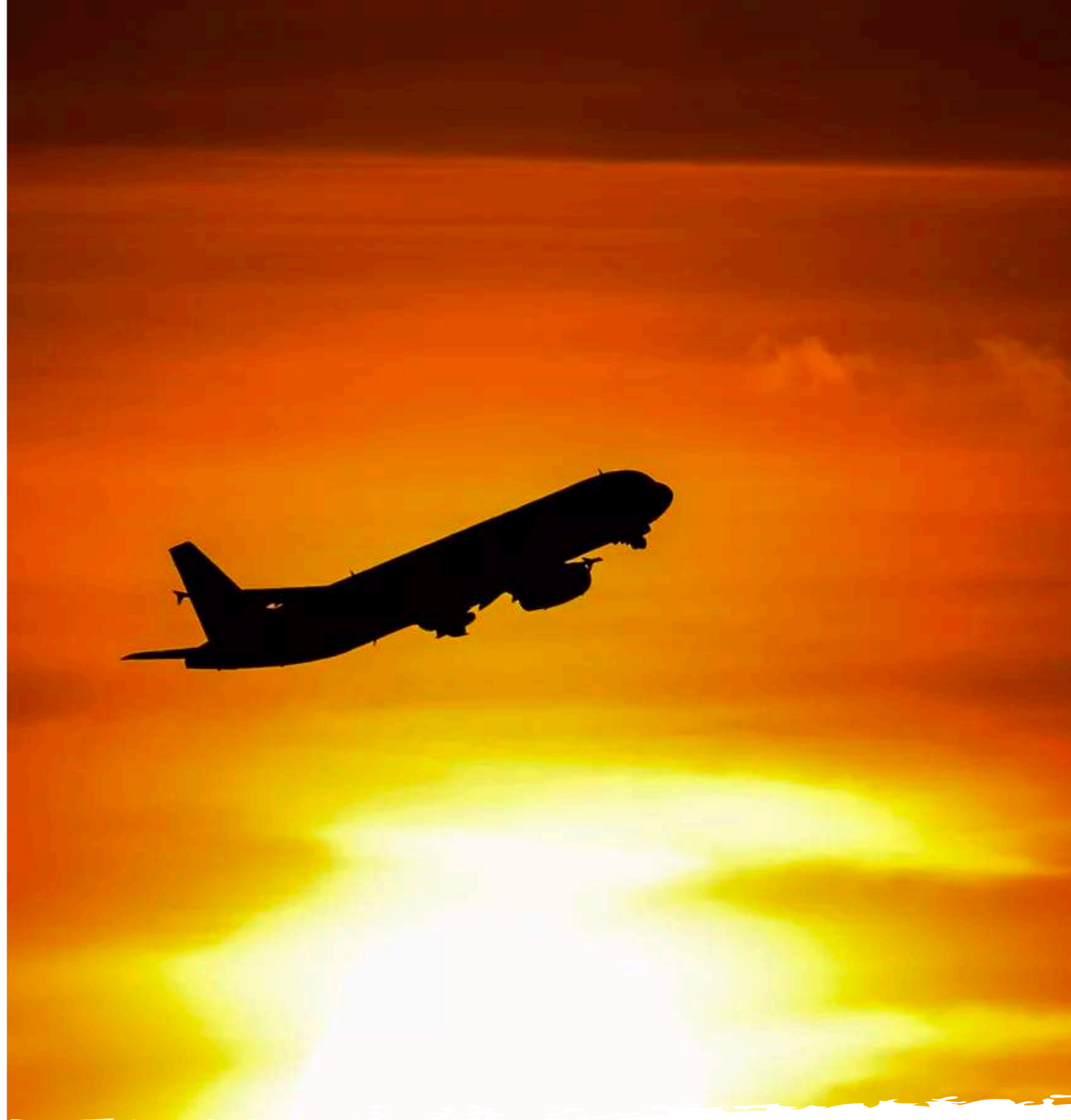
My Own Travel Experience

Short Stay (19 - 25 August '24)

- Day 1:** Arrive Lilongwe
- Day 2:** Lilongwe
- Day 3:** Lilongwe
- Day 4:** Cape Maclear
- Day 5:** Cape Maclear
- Day 6:** Cape Maclear
- Day 7:** Depart (via Blantyre)

Extended Stay (19 - 30 August '24)

- Day 7:** Cape Maclear
- Day 8:** Cape Maclear
- Day 9:** Nkhata Bay
- Day 10:** Nkhata Bay
- Day 11:** Lilongwe
- Day 12:** Depart (via Lilongwe)



"Are you ready for an adventure that will challenge you? Join the Africa research team for a few days while they are on the road, and be a part of something extraordinary. This is your chance to get out of your comfort zone, learn about new cultures, and hear real stories of change that will make you rethink how you think about global issues and how to deal with them. By becoming a supporting hand to our dedicated team, you not only contribute to meaningful research but also enrich your own perspective. It's a unique opportunity to grow personally, gain insights you won't find in textbooks, and make a tangible impact on the lives of those we engage with. Come, be a part of something bigger than yourself, and let's embark on this enlightening journey together."



DAY 1, 2, 3

Upon arrival in Lilongwe, you will be met at the airport and taken to meet the team. Opportunity will be given to settle in, listen to some experiences lived, and be briefed on the days ahead.

The two days following are exclusively set aside for the research workshop sessions.

Key Information

The option does exist for you to upgrade from a dorm room to a private room (based on availability).

All research workshop sessions consist of three(3) phases: Data feedback, Data engagement, Data contextualisation (story telling)

Included

Accommodation

Dormitory room style (4 - 6 beds) exclusively booked for the group.

Meals Included

Breakfast (*including coffee*)

Dinner (*excluding drinks*)



Research Workshop

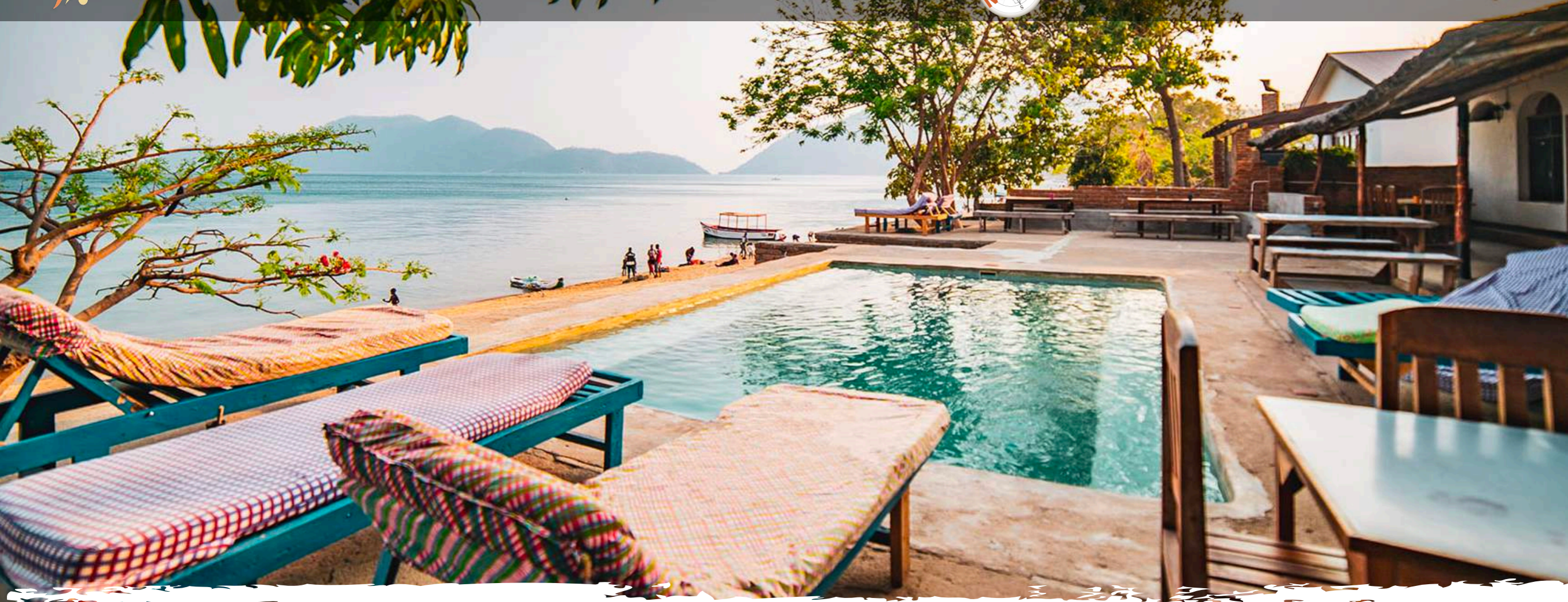
What to Expect

All research workshop sessions consist of three(3) phases:

Data feedback: From February to June '24, data was gathered through surveys and completed by leaders and members of churches and organisations across south and east Africa. Key elements related to the region and in relation to other regions are shared.

Data engagement: Discussions are facilitated with attendees to better understand the data gathered and how it is applied within a ministry, community, and personal capacity. *(Small group discussions facilitated by travel support group members)*

Data contextualisation (story telling): Stories are shared and captured that provide context to the data gathered and discussions had during the data engagement session. *(Story telling captured by video and report writing by travel support group members)*



DAY 4, 5, 6

Included

Depart after breakfast to Cape Maclear, settle in and enjoy the incredible surroundings with an uninterrupted view of the Malawi Lake.

The two days following are exclusively set aside for the research workshop sessions, and is a 40min drive from where we stay.

Key Information

The option does exist for you to upgrade from a dorm room to a private room (based on availability).

Accommodation

Dormitory room style (4 - 6 beds) exclusively booked for the group.

Meals Included

Breakfast *(including coffee)*
Dinner *(excluding drinks)*

Activity

Halfday boat cruise *(for those departing the next day)*



DAY 7, 8

Included

Those who opted for the Short Stay, departs early morning to Blantyre for their departure flight to Johannesburg.

Those opted for the Extend Stay, will participate in feedback discussions, report writing, and the exploration of the area.

Key Information

The feedback discussions and report writing are critical elements of the research process, and dedicated time will be allocated to ensure that a comprehensive summary of the experience and discussions had are captured.

Accommodation

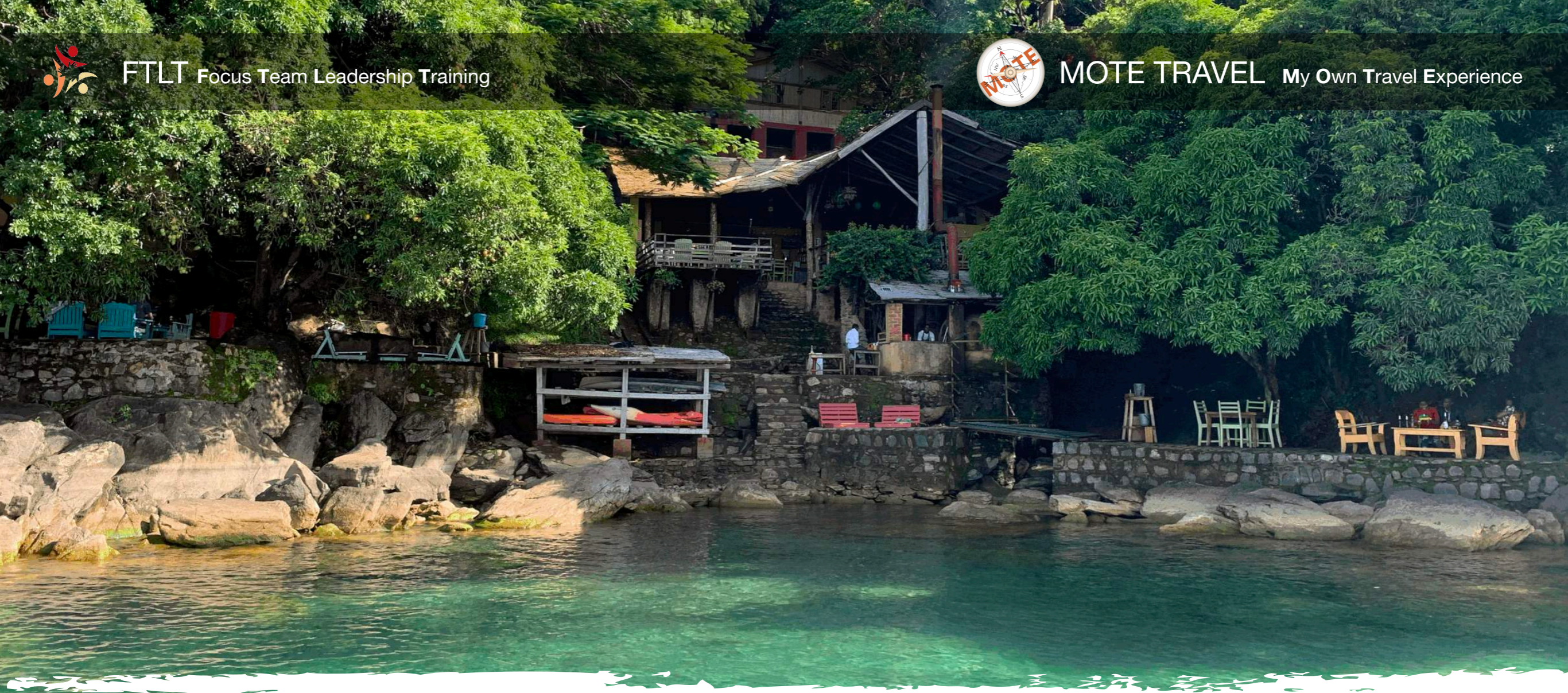
Dormitory room style (4 - 6 beds) exclusively booked for the group.

Meals Included

Breakfast (*including coffee*)
Dinner (*excluding drinks*)

Activity

Halfday boat cruise (for those joining the extended stay)



DAY 9, 10

Depart after breakfast to Nkhata Bay, settle in and enjoy the incredible beauty of yet another treasure alongside the Malawi Lake.

The time in Nkhata Bay is to explore and experience more of the richness of Malawi, as well as a time of relaxation before heading home.

Key Information

The option does exist for you to upgrade from a dorm room to a private room (based on availability).

Included

Accommodation

Dormitory room style (4 - 6 beds) exclusively booked for the group.

Meals Included

Breakfast *(including coffee)*
Dinner *(excluding drinks)*



DAY 11, 12

Departure Day

After breakfast you will depart back to Lilongwe for the night, whereafter you will be taken to the airport the next day for your departure flight.

Included

Accommodation

Dormitory room style (4 - 6 beds) exclusively booked for the group.

Meals Included

Breakfast *(including coffee)*
Dinner *(excluding drinks)*



Cost

R13 250 p.person sharing (*Short Stay*)

R16 850 p.person sharing (*Extended Stay*)

Transport

All transport within Malawi will be provided, including airport transfers.

Included

Accommodation

6 x nights (*Short Stay*) 11 x nights (*Extended Stay*)

Meals Included

6 x Breakfast (*Short Stay*) 11 x Breakfast (*Extended Stay*)

6 x Dinner (*Short Stay*) 11 x Dinner (*Extended Stay*)

Activities

Halfday Boat cruise



Optional Activities

To be booked in advance (*p.person*)

Room upgrade
Scuba Diving
Kayak Tours

You can upgrade from the dormitory room style to a private room at an additional cost, but this needs to be booked in advance (*Based on availability*)

Excluded

Flight to and from Malawi
Drinks
Meals not mentioned
Travel Insurance



About Us

MOTE Travel is a registered travel company (2008/064556/23) with more than 15 years of experience travelling through Africa.

The founder (Adriaan Adams), and often the tour guide himself, is an experienced traveller to more than 40 countries, most of them in Africa. Between him and his team, each travel expedition embarked on has created an experience of a lifetime for both them and the more than 5000 clients who have travelled with them since 2008.

We are proud to be represented on the SafariBookings.com platform - the largest online marketplace for African safari tours.

Contact us

For more information or to have your name listed to the travelling group,

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